

Imported Name	Carbs (G)	Fiber (G)
100% Fruit Juice (6 oz) Carton	21.40	0.00
100% Fruit Juice (6 oz) Carton	21.40	0.00
Orange	22.00	0.00
Fruit Blend	22.00	0.00
Apple	22.00	0.00
Peach	21.00	0.00
Green Apple	21.00	0.00
Cherry Apple	22.00	0.00
Strawberry Kiwi	21.00	0.00
Tropical Splash	21.00	0.00
100% Fruit Juice (4 oz) Gables	15.10	0.00
Orange	19.00	0.00
Apple	14.00	0.00
Fruit Blend	14.00	0.00
Grape	19.00	0.00
Cherry Apple	14.00	0.00
Green Apple	14.00	0.00
Peach	14.00	0.00
Strawberry Kiwi	14.00	0.00
Tropical Splash	14.00	0.00
Vegetable Fruit Juice 4 oz	13.00	0.00
Vegetable Juice Aseptic 4.23 oz.	-	-
Ruby Rusher	14.00	0.00
Sunset Sip	11.00	0.00
Vegetable Fruit Juice Aseptic 6 oz	21.00	0.00
American Cheeseburger	30.50	3.10
Apple Turnover (2G)	32.00	2.00
Supper Apple Slices	7.80	1.40
Arepa con Carnitas	60.85	4.00
Arepa con Carnitas with Tortilla (High School)	75.03	5.42
Asian Chicken Bites	19.28	0.00
Asian Chicken Bites - SEC portion	28.92	0.00
Asian Chicken Bites w/Rice & Veggies	68.28	3.91
Asian Chicken Salad	47.37	4.48
Asian Chicken with Rice & Veggies PreK	34.86	2.08
Asian Honey Chicken	24.00	1.30
Asian Honey Chicken & Rice Box	79.00	4.00
Fruit Sauce Assorted	14.00	1.33
Cinnamon Applesauce	14.00	1.00
Strawberry Applesauce	14.00	1.00
Plain Applesauce	14.00	2.00
Bread Breakfast Assorted	-	-

Imported Name	Carbs (G)	Fiber (G)
Banana Bread	45.00	2.00
Blueberry Bread	45.00	2.00
Assorted Cereals	-	-
Cinnamon Toast Crunch	22.00	3.00
Apple Cinnamon Cheerios	22.00	2.00
Honey Nut Chex	27.00	1.00
Cheerios	20.00	3.00
Frosted Corn Flakes	24.00	1.00
Cinnamon Chex	22.00	1.00
Honey Nut Cheerios	22.00	2.00
Assorted Cereal 2G	-	-
Cinnamon Toast Crunch	44.00	6.00
Cocoa Puffs	47.00	3.00
Lucky Charms	46.00	4.00
Cinnamon Chex	46.00	3.00
Honey Nut Cheerios	45.00	4.00
Cereal Bars Chewy Assorted	-	-
Cocoa Puffs	30.00	3.00
Cinnamon Toast	30.00	3.00
Trix	29.00	3.00
Assorted Doritos Tortilla Chips	-	-
Cool Ranch	20.00	2.00
Nacho Cheese	20.00	2.00
Spicy Sweet Chili	20.00	2.00
Fruit Sauce Assorted	14.00	1.00
Applesauce - Plain	14.00	2.00
Cinnamon	14.00	1.00
Strawberry	14.00	1.00
Assorted Graham Crackers	-	-
Strawberry	21.00	1.00
Chocolate	21.00	2.00
Apple Cinnamon	21.00	2.00
Assorted Graham Crunchmania	-	-
Cinnamon Bun	37.00	2.00
French Toast	38.00	3.00
Milk HP Assorted Supper	-	-
Assorted Milk	-	-
1%	12.00	0.00
Skim	12.00	0.00
Chocolate	24.00	0.00
Lactose-Free	12.14	0.00

Imported Name	Carbs (G)	Fiber (G)
Whole Milk- Early Head Start ONLY (4 oz portion)	5.50	0.00
Assorted Mini Loaf	-	-
Blueberry	28.00	1.00
Banana	27.00	1.00
Chocolate Chip	29.00	1.00
Scones Assorted	-	-
Apple Cinnamon	49.00	3.40
Strawberry	50.00	3.10
Blueberry Lemon	49.10	3.50
Assorted Soft Bake Bars	-	-
Birthday Cake	24.00	2.00
Blueberry Lemon	24.00	2.00
Smoeres	24.00	1.00
Snack Pack Assorted Soft Baked Bar with Mozz Stick	24.00	-
Assorted Soft Bake Bar (1) - see above	24.00	1 or 2
Mozzarella Cheese Stick	0.00	0.00
Bacon Egg and Cheese Pocket	21.00	2.00
Baked Beans (1/2 cup)	24.86	3.98
Baked Beans PreK	12.43	1.98
Baked Cheetos	15.30	1.10
Banana Muffin Platter	58.00	2.00
Banana Muffin	39.00	2.00
Strawberry Yogurt	19.00	0.00
Mozzarella Cheese Stick	0.00	0.00
BBQ Baked Beans	28.46	4.38
BBQ Baked Beans PreK	14.23	2.19
BBQ Chicken	13.53	0.00
BBQ Pork Sandwich	46.06	3.00
Bean and Cheese Pupusa	35.00	4.00
Burrito Beef Chicken Cheese IW	30.97	5.30
Beefaroni PreK	25.67	3.14
Beefaroni	49.35	6.28
Beef Cheesesteak on Hoagie	47.22	4.43
Beef Gravy	3.00	0.00
Beef Nachos w/ Tortilla Chips	42.22	4.17
Black Beans	42.51	17.77
Blueberry Muffin Platter	58.00	2.00
Blueberry Muffin	39.00	2.00
Strawberry Yogurt	19.00	0.00
Mozzarella Cheese Stick	0.00	0.00

Imported Name	Carbs (G)	Fiber (G)
Boiled Egg & Cheese Protein Platter	36.26	3.03
Hardboiled Egg	1.00	0.00
Graham Cracker- Chocolate Bear	21.00	2.00
Cheezits Whole Grain	14.00	1.00
Mozzarella Cheese Stick	0.00	0.00
Breaded Mozzarella Cheese Sticks PreK	25.38	2.38
Breaded Mozzarella Cheese Sticks (Sec)	39.09	3.66
Breaded Mozzarella Cheese Sticks (Elem)	31.73	2.97
Breadstick 1G	15.00	1.00
Breakfast Bun	38.00	3.00
Breakfast Burrito	17.71	2.46
Breakfast Pizza	16.00	1.00
Brookee	23.00	1.00
Brown Rice	17.99	0.53
Chicken Bites Buffalo	28.90	0.00
Buffalo Chicken Pizza	28.05	3.00
California Blend PreK	2.52	1.01
California Blend	5.04	2.02
Caribbean Blend PreK	3.84	1.28
Carrot & Celery Sticks	5.22	1.77
Carrot & Celery Sticks PreK	2.80	0.98
Macaroni and Cheese Cavatappi	27.06	2.12
Celebration Cookie	23.90	1.40
Cheeseburger Fresh Bread	31.51	2.10
Cheeseburger Frozen Bread	29.51	2.10
Calzone Cheeseburger	37.00	4.00
Calzone Cheeseburger	37.00	4.00
Tamale Cheese and Green Chile	29.00	0.00
Cheese Lasagna	35.41	3.62
Cheese Pizza, Boxed	32.00	3.00
Cheese Pizza Crunchers PreK	30.82	4.51
Cheese Pizza Crunchers Sec	61.64	9.02
Cheese Pizza Crunchers El	41.09	6.01
Cheese Quesadilla PreK	24.00	1.00
Cheese Stuffed Wedge Pizza	36.00	4.00
Cheesy Bites	28.00	4.00
Cheese Dough Bites Secondary	42.00	6.00
Cheesy Chorizo	5.65	0.00
Cheesy Chorizo and Chips	34.00	3.00
Cheese Omelet	1.00	0.00
Cheez-It Crackers	14.00	1.00
Chicken Bites Cheezy Hotz	25.70	1.80

Imported Name	Carbs (G)	Fiber (G)
Pizza Dunkers Cheezy	29.00	2.00
Chicken and Cheese Quesadilla	30.91	4.18
Chicken and Cheese Turnover IW	40.00	4.00
Chicken & Cheese Burrito	38.50	5.34
Chicken Enchilada	32.00	3.00
Chicken Enchilada Calzone	32.00	3.00
Chicken Fajita	30.24	1.50
Chicken Nuggets PreK	10.29	1.58
Chicken Nuggets Secondary	18.26	2.81
Chicken Nuggets	13.03	2.00
Breaded Chicken Patty PreK	15.00	1.00
Chicken Patty Sandwich Frozen Bread	43.00	3.00
Chicken Patty Sandwich Fresh Bread	44.00	3.50
Chicken Patty Sandwich	45.00	3.00
Sandwich, Chicken Philly, HSRP	37.00	4.00
Chicken Sausage Pancake Sandwich	17.00	1.00
Chicken Tenders PreK	13.99	1.50
Chicken Tenders Secondary	27.98	3.00
Chicken Tenders Elem	18.65	2.00
Chicken Tenders Salad	15.20	4.03
Chicken Tender - 3 pc *SUPPER	21.00	3.01
Chicken Teriyaki	8.00	0.00
Chicken Teriyaki Box HSRP PreK	32.62	1.36
Chicken Teriyaki w/Rice & Veggies PreK	26.36	1.33
Chicken Teriyaki w/Rice & Veggies	57.39	2.86
Churro Crackers	21.00	2.00
SUPPER Chips and Dip	35.00	3.00
Muffin Platter Chocolate Chip 2G	61.00	2.00
Chocolate Chip Muffin	41.00	2.00
Vanilla Yogurt	19.00	0.00
Colby Jack Cheese Stick	1.00	0.00
Cinnamon Breakfast Round	41.92	6.99
Cinnamon Roll	38.00	3.00
Cinnatwins	46.00	3.00
Pancakes Confetti	18.00	2.00
Pancakes Confetti	36.00	4.00
Corn PreK	8.86	1.11
Corn	16.17	2.02
Corn & Bean Salsa	30.67	9.41
Corn & Bean Salsa HSRP	20.44	6.50
Cornbread Poppers 1G	19.16	1.00
Cornbread Poppers 2G	38.33	2.00

Imported Name	Carbs (G)	Fiber (G)
Corndog	30.00	5.00
Corn Loaf	41.00	2.00
Salad, Crispy Chicken Caesar, HSRP	22.00	3.00
Crispy Chicken Sandwich	43.00	4.50
Croissant Roll	15.19	1.01
Crossant Fiesta Egg and Cheese	19.00	2.00
Croissant Ham and Swiss Cheese	27.00	0.00
Cucumber Slices Fresh PreK	1.28	0.43
Cucumber Slices	2.55	0.85
Curtido Coleslaw	5.70	1.36
Pizza Cheese Deep Dish Individual	38.00	4.00
Chicken Dill Bites	11.20	0.00
Chicken Dill Bites SEC	17.90	0.00
Chicken Drumstick	2.00	0.00
Chicken & Cheese Empanada	40.02	4.00
Dinner Roll 2G	31.50	3.05
Dinner Roll Fresh	15.00	1.00
Donut Bites	43.00	1.00
Edamame Frozen 3/4 cup	9.89	6.60
Fiesta Corn	13.89	2.14
Corn Fiesta Prek	6.94	1.00
Fiesta Pizza	43.00	4.00
Fish and Cheese Patty- No Bun	21.00	2.00
SANDWICH, BLACK BEAN BURGER	47.04	7.01
French Bread Pizza Garlic	29.00	2.00
French Toast Stick Early Head Start	16.50	0.83
French Toast Sticks IW	40.00	2.00
Carrots Baby	5.00	2.00
Fresh Baby Carrots	5.00	2.00
Fresh Baby Carrots with Ranch Dressing	6.01	2.04
Fresh Broccoli Florets	4.85	3.88
Cucumber Slices w/Ranch Dressing	3.56	0.89
Fresh Grape Tomatoes	0.04	0.01
Fresh Green Beans PreK	2.59	1.11
BEANS, GREEN FRESH	5.18	2.22
Fried Rice	44.77	3.56
Frozen Italian Ice*	23.00	0.00
Fruit Juice - Rips Slush Assorted 4 oz.*	18.35	0.00
Galaxy Pizza	31.00	3.00
Garden Salad Deluxe	6.23	2.81
Garden Salad with Egg & Cheese	6.12	2.62
General TSO Chicken	9.34	0.00

Imported Name	Carbs (G)	Fiber (G)
Graham Crackers	17.00	1.00
Grandma's Mini Chocolate Chip Cookies	25.00	3.00
Granola	20.00	2.00
Granola IW 2 Grain	42.00	4.00
Grape PB&J Sandwich 5.3 oz	64.00	7.00
Grape PB&J Sandwich 2.8 oz (HS BRK/PRE-K)	32.00	4.00
Green Beans PreK	3.02	1.01
Green Beans	6.05	2.02
Grilled Cheese Sandwich Early Head Start	15.48	1.50
Grilled Cheese Sandwich	30.96	3.00
Guava Turnover	32.00	2.00
Hamburger Fresh Bread	30.50	2.10
Hamburger Frozen Bread	28.50	2.10
Hamburger	29.50	3.10
Ham & Cheese Croissant	30.74	3.02
Ham & Cheese on Hawaiian Bun IW	27.21	1.99
Ham & Cheese Sub Wrap Combo	41.92	2.86
Homestyle Chicken	14.24	2.37
Biscuit Honey Wheat WG 2G	25.00	2.00
Honey Wheat Donut 1G	23.00	1.00
Honey Wheat Donut 2G	40.00	2.00
Hot Dog Fresh Bread	20.00	3.00
Hot Dog Frozen Bread	30.00	2.00
Hot Italian Flatbread	27.94	3.06
Hushpuppies	21.07	1.00
Hushpuppies - HS	42.13	2.01
Italian Beans & Greens PreK	11.47	3.16
Italian Beans & Greens 1/2 cup	23.11	6.36
Italian Sub	42.05	4.14
Italian Sub Combo	46.75	3.74
Jamaican Beef Patty	53.00	6.00
Jamaican Beef Turnover	58.00	5.00
Korean BBQ Meatballs & Rice Box	65.77	4.13
Mac & Cheese Early Head Start	16.00	1.00
Macaroni & Cheese	32.00	2.00
Mandarin Popcorn Chicken Salad	61.31	6.47
Marinara Dipping Cup	6.99	2.00
Marinara Dipping Cup	6.99	2.00
Mashed Potatoes	18.10	2.01
Mashed Potatoes PreK	9.05	1.01
Meadow Blend	6.36	2.12
Meadow Blend PreK	3.18	1.06

Imported Name	Carbs (G)	Fiber (G)
Meatball Sub	35.88	3.24
Meat Lovers Stromboli	30.00	0.00
Meat Trio Wedge Pizza	27.05	3.01
Pancakes Mini Blueberry	36.00	3.00
Pancakes Mini Blueberry Early Head Start	18.00	1.50
Pancake Mini Chocolate Chip Early Head Start	21.50	1.50
Mini Chocolate Chip Pancakes	43.00	3.00
Waffles Mini Cinnamon IW	35.00	4.00
Waffles Mini Cinnamon Early Head Start	17.50	2.00
Waffles Chocolate Chip	36.00	2.00
Mini Corndogs SUPPER	34.44	3.13
Mini Hot Dogs	29.00	2.00
Mini Mandarin Popcorn Chicken Salad	60.68	5.95
Waffles Mini Maple Early Head Start	18.00	2.00
Mini Maple Waffles	36.00	4.00
Mini Rice Krispy Treat	9.00	0.00
Mini Twin Cheeseburger	18.65	2.35
Carnita	3.37	0.22
Muffin Top Combo		
Vanilla Yogurt	19.00	0.00
Chocolate Chip Muffin Top	45.00	2.00
Mozzarella Cheese Stick	2.00	0.00
Munchies Snack Mix Crackers	17.00	2.00
Oven Roasted Chicken	6.90	0.00
Pancake Sausage Wrap Bulk	17.00	3.00
Pasta Alfredo Bowl IW	30.00	2.00
Rotini with Meat Sauce	29.00	4.00
Sandwich PBJ Grape Platter	49.00	5.00
Honey Graham Crackers - 1 package	17.00	1.00
Mozzarella String Cheese	0.00	0.00
Peanut Butter & Jelly Sandwich	32.00	4.00
PB&J Sandwich	64.00	7.00
Peach Yogurt Parfait SEC	58.50	1.23
Peach Yogurt Parfait	46.43	1.84
Peanut Butter Platter w/Apple Slices	49.00	5.00
Apple Slices	7.00	1.00
Peanut Butter Cup	8.00	2.00
Mozzarella String Cheese	0.00	0.00
Honey Graham Crackers - 2 packages	34.00	2.00
Penne Pasta w/Meat Sauce	57.53	7.28
Pepperoni Pinwheel	28.00	3.00
Pizza, Individual Pepperoni, HSRP	30.00	3.50

Imported Name	Carbs (G)	Fiber (G)
Pizza, Sausage and Gravy	18.00	1.00
Pepperoni Stromboli	30.00	0.00
Pepperoni Stuffed Wedge Pizza	36.00	4.00
Pizza Lunch Kit	34.00	4.00
Plain Penne Pasta (1 cup)	41.07	7.37
Plant Based Nuggets (Secondary)	26.65	6.06
Plant Based Nuggets	22.21	5.05
Pollo con Queso with Tortilla Chips	62.39	8.37
Popcorn Chicken	21.01	3.00
Chicken Popcorn Early Head Start	7.00	1.00
Popcorn Chicken	14.01	2.00
Popcorn Chicken Salad	19.21	4.92
Potato Smiles PreK	10.01	0.00
Potato Smiles 1/2 cup	20.09	0.00
Potato Smiles	30.35	0.00
Potato Sticks PreK	9.67	0.97
Pulled BBQ Pork	17.06	0.00
Pumpkin Bread	44.00	2.00
Cookie Pumpkin WG IW	22.00	1.00
Red Beans & Rice	55.96	8.24
Beans Refried	15.73	4.99
Rice with Veggies	49.38	2.86
TURKEY, ROAST PRE-SLICED	3.06	0.00
Romaine Salad Cup 1/2 Cup	3.69	2.14
Romaine Salad Cup	0.91	0.00
Salisbury Steak	6.50	0.60
Salsa	5.00	1.00
Salsa	5.00	1.00
Sandwich, Savory Chicken and Cheddar on Brioche	31.00	2.00
Sausage Biscuit	13.00	1.00
Sausage & Cheese Breakfast Bagel	26.27	2.51
Savory Wheat Crackers	30.24	3.02
Seasoned Black Beans	28.21	11.29
Black Beans Seasoned PreK	14.00	5.59
Seasoned Potato Sticks	20.01	2.00
Seasoned Red Beans PreK	13.62	4.90
Seasoned Red Beans	27.24	9.80
Seasoned Yellow Rice	21.69	1.28
Shredded Lettuce Salad Cup	1.85	0.29
Simply Chex Crackers (Assorted)	-	-
Chex Mix Cheddar	20.00	2.00

Imported Name	Carbs (G)	Fiber (G)
Chex Mix Strawberry Yogurt	23.00	2.00
Chex Mix Chocolate Caramel	22.00	2.00
Simply Salad	7.24	1.10
Simply Salad	7.83	3.30
Sliced Sweet Plantains PreK	26.38	1.01
Sliced Sweet Plantains	52.37	2.01
Sloppy Joe Sandwich	39.34	3.13
Soft Turkey Taco	22.70	1.00
Soft Turkey Taco	23.49	1.00
Soy Butter Platter w/ Apple Slices	32.00	4.00
Apple Slices	7.00	1.00
Soy Butter Cup	8.00	2.00
Honey Graham Crackers	17.00	1.00
Mozzarella String Cheese	0.00	0.00
Sandwich Soybutter Grape 2.4 oz HS BRK/PreK	28.00	4.00
Sandwich Soybutter Grape Platter	45.00	5.00
Soybutter and Grape Jelly Sandwich	28.00	4.00
Honey Graham Crackers	17.00	1.00
Mozzarella String Cheese	0.00	0.00
Spanish Rice	21.94	2.36
Specialty Chef Salad	6.30	2.96
Spicy Cheese Quesadilla	31.00	4.00
Spicy Chicken Sandwich	41.00	5.00
Spicy Chicken Sandwich	40.00	6.00
Spicy Chicken Tenders	27.42	2.94
Spicy Chicken Tenders Elem Rich Chicks	18.28	1.96
Buffalo Tender Salad	23.48	0.68
Spicy Chicken Tenders Salad	20.74	5.21
Buffalo Chicken Wrap	43.04	4.00
Spinach with Cheese	7.85	5.12
Spring Mix Salad	10.50	4.40
Spring Mix Salad	10.50	4.44
Steamed Broccoli	4.93	2.96
Steamed Broccoli PreK	2.47	1.48
Cauliflower	1.99	0.66
Cauliflower Frozen 1/2 cup	3.98	1.33
Spinach Steamed	7.36	5.12
Spinach Steamed PreK	3.68	2.60
Strawberry Yogurt Parfait	69.50	4.09
Strawberry Yogurt Parfait	42.42	2.94
Strawberry Yogurt Parfait SEC	63.09	2.94
Yogurt Parfait Strawberry with Cheese Stick and	64.42	4.94

Imported Name	Carbs (G)	Fiber (G)
Strawberry Yogurt Platter with Roasted Sunflower	62.00	6.00
Roasted Sunflower Kernels	8.00	4.00
Gripz Graham Bites - Chocolate Chip	21.00	1.00
Cheezits	14.00	1.00
Nonfat Strawberry Yogurt	19.00	0.00
Corn Street PreK	9.80	1.14
Corn Street 1/2 cup	19.60	2.30
Peas and Carrots	11.24	4.09
Peas and Carrots PreK	5.62	2.04
Sweet Peas PreK	6.57	2.39
Sweet Peas	13.72	4.99
Potato Sweet Crinkle Cut Fries 1/4 cup	8.20	1.30
Potato Sweet Crinkle Cut Fries	14.60	2.30
Sweet Potato Waffle Fries	23.44	2.04
Sweet Potato Waffle Fries Pre-K	10.56	0.92
Sweet & Spicy Broccoli	16.25	5.45
Thai Chili Chicken	13.20	0.00
Taco Salad	25.55	3.66
Teriyaki Chicken	9.61	0.00
Teriyaki & Rice Box	65.77	4.13
Tomato Soup	20.00	1.00
Tortilla	29.00	4.00
Tortilla Chips IW	29.00	3.00
Tortilla Chips	40.50	4.05
Traditional Stuffing	35.71	2.75
Sandwich Turkey Breast and Cheese	30.00	2.00
Turkey & Cheese Lunch Kit	41.00	3.00
Turkey & Cheese Lunch Kit	41.00	3.00
Turkey & Cheese Sandwich	30.10	3.15
Turkey & Cheese Sub Wrap Combo	40.74	2.86
Turkey Gravy	3.00	0.00
Turkey Ham & Cheese Croissant	31.23	3.10
Turkey Ham & Cheese Lunch Kit	33.00	1.00
Turkey Ham & Cheese Sandwich	47.07	4.24
Turkey Ham & Cheese Sub	35.00	0.00
Turkey & Provolone Sandwich	42.54	5.09
Turkey Taco	3.24	0.00
Yogurt Vanilla 4 oz	19.00	0.00
Vegetarian Chili w/Tortilla Chips	79.93	18.49
Pickle Whole	1.00	1.00
Whole Grain Brownie DBL Chocolate	31.00	2.00

Imported Name	Carbs (G)	Fiber (G)
Milk Whole 4 oz. portion	5.50	0.00
Yogurt and Cheese Cubes Platter		
Vanilla Yogurt, 4 oz	19.00	0.00
Colby Jack Cheese Cubes	1.00	0.00
Chocolate Chip Gripz Graham Bites	21.00	1.00
Yuca Fries	33.82	3.98
Yuca Fries PreK	17.00	2.00
A La Carte Items		
100% Fruit Juice Aseptic 4 oz		
Apple	14.00	0.00
Orange Tangerine	15.00	0.00
Berry	17.00	0.00
100% Fruit Juice Aseptic 6 oz		
Apple	23.00	0.00
Fruit Punch	25.00	0.00
Berry	26.00	0.00
Annie's Graham Crackers Honey	24.00	3.00
Annie's Graham Crackers Honey, Chocolate, C	24.00	3.00
Arizona Arnold Palmer 11.5 oz	1.00	0.00
Arizona Green Tea 11.5 oz	1.00	0.00
Baked Cheetos		
Cheesy	16.00	1.00
Flamin' Hot	17.00	1.00
Cheese Puffs	13.00	1.00
White Cheddar	17.00	1.00
Baked Tostitos		
Scoops .875 oz	19.00	1.00
RF Crispy Rounds 1.45 oz	29.00	3.00
Brownie Cupcake	22.00	2.00
Cereal Bars 2 grain Assorted Soft-Filled Bre		
Cinnamon Toast Crunch Bar	40.00	2.00
Cocoa Puffs Bar	43.00	3.00
Cereal Bars Chewy Assorted		
Apple Cinnamon Cherrios	30.00	3.00
Cocoa Puffs	30.00	3.00
Cinnamon Toast Crunch	30.00	3.00
Cheddar Cheese SunChips Snack Mix	15.00	2.00
Cheez-It Crackers	14.00	1.00
Cold Brew Coffee 10 oz		
Black	2.00	0.00
Mocha	9.00	0.00
Salted Caramel	10.00	0.00
Vanilla	9.00	0.00
Cookie Triple Chocolate IW	28.00	1.00

Imported Name	Carbs (G)	Fiber (G)
Cookies Bonzers RF Frozen Dough		
Chocolate Chip	18.00	1.00
Vanilla Sugar	18.00	1.00
Carnival	18.00	1.00
Oatmeal Raisin	18.00	1.00
Cookies Chocolate Chip Mini	17.00	2.00
Cookies Educational Fun & Fitness	22.00	2.00
Cookies Fat Cat IW		
Vanilla Sugar	23.60	1.40
Celebration	23.90	1.40
Snickerdoodle	23.80	1.50
Chocolate Chip	24.30	1.60
Crackers Cheddar Goldfish	14.00	1.00
Cupcake Chocolate IW	26.00	6.00
Cupcake White IW	27.00	6.00
Doritos Tortilla Chips Assorted		
Cool Ranch	20.00	2.00
Nacho Cheese	20.00	2.00
Spicy Sweet Chili	20.00	2.00
White Nacho	20.00	2.00
Flamas	20.00	2.00
Fantastix Flamin' Hot Corn & Potato Crisps	20.00	2.00
Fruit Chillers 8 oz		
Peach	31.00	0.00
Orange	30.00	0.00
Strawberry Banana	29.00	0.00
Strawberry Mango	31.00	0.00
Fruit Snacks Assorted	37.00	8.00
Fruit Snacks - Mixed Berry	38.00	9.00
Gatorade G2 - 12 oz		
Orange	8.00	0.00
Glacier Freeze	8.00	0.00
Grape	8.00	0.00
Fruit Punch	8.00	0.00
Lemon Lime	8.00	0.00
Goldfish Pretzels	16.00	1.00
Graham Cracker Apple Cinnamon Bear	21.00	2.00
Graham Cracker Chocolate Bear	21.00	2.00
Graham Cracker Strawberry Waffle	2.00	1.00
Graham Crackers Cinnamon 3 count	20.00	2.00
Graham Crackers Honey 3 count	21.00	2.00
Granola Bars Quaker Chewy Assorted		
Cookies & Cream	29.00	4.00
Chocolate Chunk	31.00	2.00
Granola Bars Quaker Chewy		
Oatmeal Raisin	19.00	1.00

Imported Name	Carbs (G)	Fiber (G)
Chocolate Chunk	19.00	1.00
Peanut Butter Chocolate Chip	17.00	3.00
Ice Cream Birthday Cake Cone	33.00	2.00
Jerky Original	6.00	0.00
Jerky Peppered	7.00	0.00
Jerky Teriyaki	6.00	0.00
Juice, Naked 10 oz.		
Strawberry Banana	38.00	0.00
Mighty Mango	43.00	3.00
Berry Blast	38.00	0.00
Green Machine	42.00	0.00
Kettle Chips		
Applewood Smoked BBQ	27.00	2.00
Seasalt & Vinegar	28.00	2.00
Jalapeno Cheddar	27.00	2.00
Original	27.00	2.00
Lay's Baked Potato Chips		
Original	19.00	1.00
BBQ	19.00	1.00
Sour Cream & Onion	19.00	1.00
Mini Savory Wheat Crackers 2 grain	30.00	3.00
Munchies Snack Mix Crackers	17.00	2.00
Nutrigrain Bars Assorted		
Blueberry	30.00	3.00
Apple Cinnamon	30.00	3.00
Strawberry	30.00	3.00
Oatmeal Breakfast Bar		
Chocolate Chip	25.00	2.00
Butterscotch Chip	25.00	2.00
Popcorn- White Cheddar	9.00	2.00
Popcorn Quinoa Chips		
Sweet & Salty	18.00	4.00
Olive Oil & Sea Salt	18.00	4.00
Poptarts Whole Grain Assorted		
Strawberry	36.00	3.00
Cinnamon Brown Sugar	36.00	3.00
Fudge	36.00	3.00
Pretzel Dog	30.00	2.00
Pretzel Soft	30.00	3.00
Pretzels Hartzel	16.00	2.00
Pudding Brownie Batter	20.00	0.00
Pudding Cake Batter	19.00	0.00

Imported Name	Carbs (G)	Fiber (G)
Rice Krispies Treat Mini	9.00	0.00
Rice Krispies Treat Mini Chocolate	8.00	0.00
Savory Wheat Cracker Bites	14.00	2.00
Savory Wheat Cracker Twins	10.00	1.00
Simply Chex		
Cheddar	20.00	2.00
Strawberry Yogurt	23.00	2.00
Habanero Lime	20.00	1.00
Chocolate Caramel	22.00	2.00
Sugar Cookie	24.50	1.30
Sunflower Kernels Honey Roasted	10.00	3.00
Sunflower Kernels Roasted	6.00	3.00
Taco Stick Ranchero	18.19	1.58
HIGH SCHOOL REENGINEERING	Carbs (g)	Fiber (g)
American Cheeseburger	29.50	2.10
Big PB & J Sandwich	64.00	7.00
Black Beans	42.50	17.70
Buffalo Chicken Tender Salad	20.30	5.34
Buffalo Chicken Wrap	31.20	2.90
Cheese Pizza	30.25	3.95
Cheese Quesadilla	22.00	1.00
Cheesesteak Flatbread	35.60	3.42
Cheesy Chorizo Filling	2.34	0.00
Chef Salad	6.25	3.56
Chicken and Cheese Quesadilla	27.99	1.18
Chicken Philly Flatbread	37.32	3.58
Corn & Bean Salsa	20.12	6.51
Crispy Chicken Caesar Salad	18.44	4.60
Crispy Chicken Sandwich	47.00	3.50
Croutons 1 grain	16.20	4.05
Croutons 2 grain	32.40	8.10
Cuban Sandwich	30.94	3.00
Duck Sauce	3.90	0.00
Fried Rice	55.75	2.84
Granola	42.00	4.00
Ham & Cheese Croissant	23.74	2.22
Hamburger	28.50	2.10
Hot Italian Flatbread	28.02	3.06
Italian Sub	20.39	2.28
Jamaican Beef Patty	58.00	5.00
Korean BBQ Beef	33.87	0.00

Imported Name	Carbs (G)	Fiber (G)
Korean BBQ Meatballs	45.10	0.00
Mojo Pork	3.10	0.22
Pepper jack Cheeseburger	22.59	1.64
Pepperoni Pizza Individual	30.57	3.96
Romaine Salad Cup	1.72	1.41
Simply Salad	8.68	4.10
Soft Tortilla	20.00	1.00
Street Corn	19.40	2.42
Sweet & Spicy Broccoli	24.38	10.48
Sweet Spicy Chicken & Rice Box	74.04	2.99
Sweetfire Chicken (Thai Chili)	27.32	0.30
Szechuan Beef	22.62	0.45
Teriyaki & Rice Box	64.85	2.73
Teriyaki Chicken	9.61	0.00
Tortilla	20.00	1.00
Tortilla Chips	33.75	3.38
Turkey & Provolone Sandwich	30.56	4.10
Turkey Taco	3.24	0.00
Last revised: August 2024		